The Morning Star

Wycliffe College Community Newsletter



How to Make a Good Apology

By Wanda Malcolm

I divide my professional life between teaching at Wycliffe College, and working as a clinical psychologist in private practice. The latter means that I often spend time with people who are trying to make sense of why someone they love has been hurtful to them. I also spend time with people who are trying to make sense of their own hurtful behaviour. Sooner or later, such work involves an exploration of what we long to hear from someone who has been hurtful, and what we struggle to express when we, ourselves, have been hurtful.

One of the most important lessons I have learned from this is that some apologies make forgiveness more likely and open the door to restored trust and reconciliation. Other apologies show that the hurtful person isn't prepared to acknowledge or doesn't understand the magnitude of what they've done. These apologies make forgiveness more difficult and sometimes shut the door on reconciliation altogether.

A good apology tells the other person that we've seen two things clearly. First, it shows that we have seen how our actions have impacted the other person. It acknowledges that what we did was hurtful, and it conveys our regret for what happened even when

WHAT'S HAPPENING AT WYCLIFFE?

- Mar 6 Ash Wednesday Event: Archbishop Fred Hiltz—page four
- Mar 13—Wednesday Event: Gary Thorne lecture and information session on the St. Basil the Great Scholarship—page three
- Mar 14—Meet with church planters & bishops—especially for MDiv & MTS students—page three
- Mar 19—Special guest lecture: "Hermeneutics of the Feminine" with Carme Font —page three
- Mar 21—TGSA Conference—page three
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we didn't intend to be hurtful. It doesn't excuse or defend our behavior, and it doesn't expect the other person to stop hurting because their pain is hard to bear. A good apology is about standing with the other person and seeing things from their perspective.

This kind of clarity keeps its focus on the other person's experience and gives us the opportunity to show them that our apology is not about being sorry that they are too sensitive, or about being sorry that they are mad at us, or that we think our apology obligates them to hurry up and forgive us. Instead, it creates a relationship space in which we stay until they have told us the

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whole of what we need to understand about their experience of what happened. This is a very hard thing to do when we are the cause of the other person's pain and suffering!

To read the complete article, visit the Wycliffe blog, "Vestigia Dei: Traces of God" at www.wycliffecollege.ca/blog

About the author Wanda Malcolm is Professor of Pastoral Psychology.





Poetry for the Journey

A conversation with Malcolm Guite exploring the value of the imagination for the faith journey.

April 1, 2019
7:30 p.m. –9:30 p.m., Leonard Hall.



Did you know?

Your fellow students are writing Lenten meditations for you to reflect on throughout the coming season. Sign up to receive them in your inbox at: https://www.wycliffecollege.ca/newsletter

Subscribe, Read, Reflect, Share,

Featured Summer Course:

"For Such a Time as This": Insights and Issues from the Books of Ruth and Esther for Today taught by Marion Taylor. An intensive, from April 22–26 at both the 3000 & 6000 level. The books of Ruth and Esther will be read together with the cloud of witnesses from the past and present who found them not only life giving but also, especially in the case of Esther, deeply troubling. The class will consider how these books speak to us as individuals and as the church in the twenty-first century.

Upcoming Events



Special Guest Lecture

WHAT: "Hermeneutics of the Feminine: Recovering the Value of Women's Religious Writings in the Long Reformation"

WHEN: Tuesday, March 19, 2019

4:00 p.m. - 5:30 p.m.

WHERE: Sheraton Hall

WHO: Carme Font, Lecturer of English Literature at Universitat Autonoma de Barcelona, Spain, and Research Associate at the UCLA Center for Medieval and Renaissance Studies. She is also Principal Investigator of the EU-funded project WINK: Women's Invisible Ink: Trans-genre Writing and the Gendering of Intellectual Value in Early Modernity. A specialist in 17th Century literature, her latest book is Women's Prophetic Writings in 17th Century Britain (Routledge).

For MDiv and MTS students!

On Thursday March 14th, from 7:00—9:00 p.m., in the West Lecture Room, Wycliffe is hosting an evening to bring together students, church planters (from Haven Toronto, Trinity Life, and St. Clair Community Church), bishops, and church leaders from across Canada. This evening will include:

- Three presentations on church plants at different stages of development and using different models for planting
- A discussion re: guiding principals for planting new churches, discipleship practices, leadership development, and funding realities
- Q & A with the planters, bishops & church leaders, and students

Eleven bishops will join in, physically or digitally, from almost every province of Canada. To participate please add your name to the sign-up sheet located at the front desk. Don't delay!

St. Basil Scholarship

Wednesday March 13 at 3:00 p.m. in Leonard Hall. Learn about the Scholarship of St. Basil the Great. The late Bishop Henry Gordon Hill established this scholarship to facilitate an exchange between members of the Anglican Church of Canada, members of the Oriental Orthodox Churches and the Assyrian Church of the East. The Rev. Dr. Gary Thorne, a previous scholarship recipient, will give a lecture on, "Learning to Pray in the Egyptian Desert." See: https://www.wycliffecollege.ca/stbasil2019

TGSA 2019 Conference

Thursday, March 21 beginning at 9:00 a.m. to Friday, March 22 at 5:00 p.m. at TST, 47 Queen's Park Cres. E., "The Role of the Bible in Theological Studies"

From the Registrar

If you are thinking about changing/dropping courses please note that any winter course dropped now, will **not** be eligible for a tuition refund. You may drop without academic penalty until March 8.

It's Tax Time – If you've received a bursary from Wycliffe, a T4A tax form will be automatically mailed to the mailing address listed on ROSI. Please ensure that the address on ROSI is your current Toronto mailing address! Conjoint students may download the form from ACORN.

Summer Course — Our summer course listing is now available on the website. Learn about Summer Session at Wycliffe: www.wycliffecollege.ca/summer. Want to plan your courses ahead of time? See our course offering at www.wycliffecollege.ca/programs-courses/course-search

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Chapel Services

Morning Prayer Mon-Fri, 8:30 a.m.

Wine Before Breakfast Tue, 7:22 a.m.

Taize Evening Prayer Mon, 5:30 p.m.

Sung Evensong Tue, 5:30 p.m.

Community Eucharist Wed, 4:45 p.m.

Prayer & Praise Thu, 5:00 p.m.

Informal Evening Prayer Fri, 5:30 p.m.

This Wednesday ...

... is Ash Wednesday! The Wycliffe Community will join with Christians around the world to mark the start of Lent. Our observance, led by Archbishop Fred Hiltz, Primate of Canada, will be in two parts in Founder's Chapel: a time of meditation on God's Word (3:00 to 4:20 p.m.) followed by the imposition of ashes during community Eucharist (4:45 p.m.). You do not need to attend both parts to participate in one. As usual, Childcare will be available at 4:30 and Community Dinner will follow at 6:00 p.m. Let's join together in worship!

Library Jobs

The John W. Graham Library, Trinity College, is accepting applications for Student Assistant positions for Sept 2019.

Successful applicants will work in a service-oriented environment. Student Assistant duties include: circulation desk duties, shelving, book processing, trouble-shooting basic computer problems, other duties as required

Apply online: http://uoft.me/grahamlibraryjobs. Applications will be accepted until March 10, 2019.

Questions? Please ask at the Circulation Desk.